



## Unity Through Enterprise

### The Arnhem Land Progress Aboriginal Corporation

Owned by the Yolngu residents of Minjilang, Milingimbi, Ramingining, Galiwin'ku and Gapuwiyak Communities NT

## ALPA and Griffith University join forces to boost remote nutrition Monday February 25th 2019



Griffith University students and ALPA retail staff team up.

The Arnhem Land Progress Aboriginal Corporation (ALPA) has partnered with Griffith University to deliver Nutrition and Dietetics student placements across 27 Northern Territory and Queensland communities.

The partnership will see final-year students completing a six-week Community and Public Health Nutrition placement in April.

During their placement students will work on specific projects aligned with ALPA's Health and Nutrition Policy to improve the health of communities accessing these stores and help tackle chronic diseases like Type 2 Diabetes, hypertension and coronary heart disease.

ALPA Nutritionist Khia De Silva says the inaugural placements will focus on increasing healthier options through ALPA takeaways.

“The students will have a rare opportunity to spend time in a remote community and be exposed to the challenges of providing healthy food options in remote communities.

“ALPA operates 27 grocery stores across remote Northern Territory and Queensland. It has been at the forefront of healthy retailing since the 1980's when our health and nutrition policy was developed.

“This partnership will help build on the great work we are already doing to support customers to consume healthy food and drinks.”

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Two fourth-year Griffith University Bachelor of Nutrition and Dietetics Students will work with Ms De Silva to evaluate the take-away facilities in these remote stores and make recommendations to support ALPA in implementing the takeaway section of the policy.

Dr Lisa Vincze from Griffith University's Department of Nutrition and Dietetics says the experience of working on 'real-life' nutrition policy implementation is an invaluable opportunity for fourth year Bachelor of Nutrition and Dietetics students.

**For Media Interviews:**

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